



ESPRM
European Society of
Physical & Rehabilitation Medicine

in collaboration with



75th Rehabilitation Science and Technology Update (RSTU)

The 25th European Congress of Physical and Rehabilitation Medicine

The Next Generation: Collaborate. Inspire. Innovate

23 - 26 MARCH 2026 | KRAKOW, POLAND



From 23–26 March 2026 in Kraków — the 25th European Congress of Physical and Rehabilitation Medicine (ESPRM) 2026 will host an ambitious program designed not only to reflect the cutting edge of PRM science, but also to support meaningful dialogue between clinicians, researchers, and innovators shaping the future of care.



We're designing a program that speaks to both academic curiosity and clinical application — and we hope you'll be part of it.

Here's a sneak peek at Wednesday's schedule. Please note that all sessions are tentative and dependant on presenter registration.

WEDNESDAY, 25 MARCH 2026

	Track: Neurological conditions	Track: Musculoskeletal and other conditions	Track: Interventions	Track: Education & Research	Track: Sci & Tech	Track: Organizational
07:30 - 18:00	REGISTRATION					
08:30 - 09:30	Plenary Lecture 4: The role of PRM specialists in the assessment and treatment of patients with low back pain. Jaro Karppinen, Finland					
09:30 - 10:00	Coffee Break, Exhibition Visit and E-Poster Viewing					
10:00 - 12:00	TBI (Chair: Sara Lelo, Portugal) A Multidisciplinary Approach to Mild Traumatic Brain Injury (Concussion): Bridging Evidence and Practice in Rehabilitation Oral Presentations	Pain (Chair: Ayse A. Kucukdemir, Turkey) Complex Regional Pain Syndrome (CRPS): Physical and Rehabilitation Medicine (PRM) Approaches Update in Low Back Pain: Diagnostic Guidelines, Management and Rehabilitation	Physical Modalities (Chair: Paolo Caporoglio, Italy) Clinical applications of whole body cryotherapy (cryo-stimulation) in rehabilitation practice Oral Presentations	Innovation (Chair: Ali Alkassas, Arab) Innovation in Rehabilitation: From Identifying Barriers to Building Collaborative Solutions Oral Presentations	Secondary Conditions (Chair: Catherine Aguilera-Bermejo, Spain) Fatigue and Rehabilitation Medicine Bone Muscle and Fat Presentations in People with Spinal Cord Injury and Stroke (Moderator: Koelliker, Austria)	Individual Members (Chair: Roberto Casale)
12:00 - 13:00	Lunch Break, Exhibition Visit and E-Posters Viewing					
13:00 - 13:30	Moderated Poster Session					
13:30 - 14:15	Plenary Lecture 5: Recent Advancements and Future Perspectives in Non-Invasive Brain Stimulation to Enhance Recovery After Stroke. Ulf Ziemann, Germany					
14:15 - 14:30	Break					
14:30 - 16:00	CP + Pediatric I (Chair: Mirna Stah) Multi-Model Combined Treatment Approaches in Complex Early Integrated Management with Rehabilitation Team Involvement Oral Presentations	Geriatric (Chair: Peter Toderke) Active Aging through Balance: New Insights on Postural and Fall Risk Oral Presentations	Spasticity (Chair: Katerina Dragajevic) Where are we 45 years after Lorea: Defining spasticity - Perspective of Polish and doctors Oral Presentations	Education (Chair: Herta Stern) How to strengthen academic rehabilitation in Europe: "Rising the ladder" - A session of the European Association of University PRM Oral Presentations	Neuromodulation (Chair: Laura Offenberg) MBS for enhancement of motor recovery post-stroke: Neuroanatomical, neurophysiological and clinical considerations in stimulation target selection Oral Presentations	ESPRM Working Group (Chair: Koelliker)
16:00 - 16:30	Coffee Break, Exhibition Visit and E-Poster Viewing					
16:30 - 18:00	CP + Pediatric II (Chair: Mirna Stah) Long-Term Functional Outcomes in Pediatric CP: Current & Multidisciplinary Rehabilitation Approaches Oral Presentations	Rehabilitation of Special Populations (Chair: Sarah Berman) Rehabilitation outcomes of people living with MS (Oral) Oral Presentations	Acute Rehabilitation (Chair: George Pavlou) Rehabilitation - Current and Future: Integrating Evidence into Practice: Perspectives for Clinical and Academic Outcomes Oral Presentations	Real-world in Rehabilitation (Chair: Laura Offenberg, Peter Toderke) Patient education & how to use of patient perspective Oral Presentations	Technology & Innovation (Chair: Peter Wink) Service Learning: Service Learning: Training for the future and digital Rehabilitation Oral Presentations	ESPRM Working Group (Chair: Koelliker)
18:00 - 18:30						

!!Reminder for All Presenters!!

If you have received confirmation of your abstract, workshop, or session being accepted, please note:

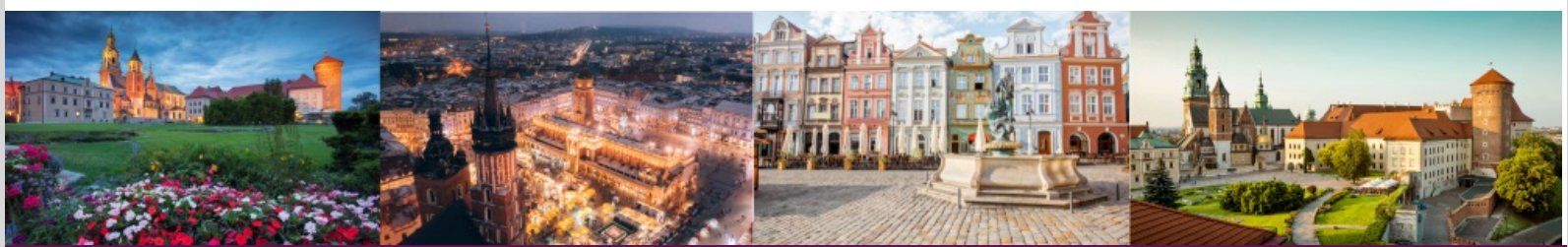
- ☐ You must register by 1 December 2025 This is a firm deadline.

In order to include your name and presentation in the final scientific program, your registration must be complete by this date.

Register Now

Gala Tickets Sales Now Open

Book Your Accommodation



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